



Prudent Minerals Commences Exploration on its SAT Copper Property

Vancouver B.C., July 27, 2022 – PRUDENT MINERALS CORP. (“Prudent” or the “Company”) (CSE: PRUD) is pleased to announce it has commenced field exploration on its SAT copper property located 10-km west of the town of Granisle in British Columbia, Canada.

2022 field exploration includes a soil sampling program directed at the newly discovered CHE IP anomaly in the north of the property, as recommended in the SAT Technical Report. Concurrently, independent consultants to the Company will field check the historic drilling area and the new CHE IP anomaly to lay out trenches and drill collar locations to allow the initiation of the Notice of Work application process for a trenching / drilling permit.

Prudent has the right to earn 100% interest in the SAT property, with remaining cash payments of \$100,000 and \$200,000 in exploration over the next three years. On execution of the option, the vendors retain a underlying 2% NSR, which will be payable upon commencement of commercial production. One-half (1%) of the Royalty Interest can be purchased by Prudent Minerals at any time by paying \$1,000,000. Further information can be found in the SAT Technical Report filed March 1, 2022, under the Company’s SEDAR profile (www.sedar.com).

“Prudent management sees the SAT property as a compelling porphyry copper target in a prolific porphyry belt, with the historic Bell and Granisle mines 12 kms to the northeast and 13kms to the east, respectively,” commented Prudent President, Brett Match.



Figure 1. SAT copper property location

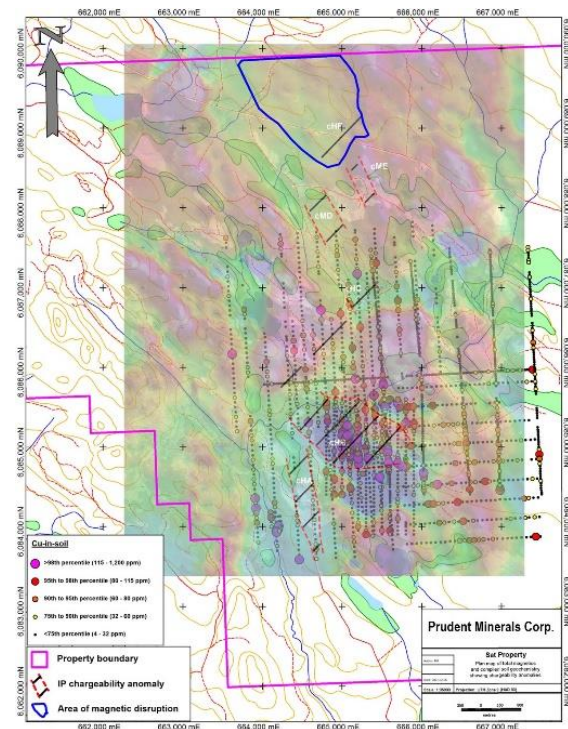


Figure 2. IP anomalies and copper in soil geochemistry

Qualified Person

The Company's disclosure of a technical or scientific nature in this news release was reviewed and approved by Tim Henneberry, P Geo (British Columbia), who serves as a qualified person under the definition of National Instrument 43:101.

About Prudent Minerals Corp.

Prudent Minerals Corp. is a Canadian publicly listed company conducting exploration on its SAT Property in British Columbia, Canada. On April 18, 2022, Prudent commenced trading on the Canadian Securities Exchange (CSE: PRUD) as a national resource company engaged in primarily acquisition, exploration and, if warranted, development of mineral properties.

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Neither the Canadian Securities Exchange nor its Regulation Services Provider (as that term is defined in the policies of the Canadian Securities Exchange) accepts responsibility for the adequacy or accuracy of this release

Except for statements of historic fact, this news release contains certain "forward-looking information" within the meaning of applicable securities law. Forward-looking information is frequently characterized by words such as "plan", "expect", "project", "intend", "believe", "anticipate", "estimate" and other similar words, or statements that certain events or conditions "may" or "will" occur. Forward-looking statements are based on the opinions and estimates at the date the statements are made and are subject to a variety of risks and uncertainties and other factors that could cause actual events or results to differ materially from those anticipated in the forward-looking statements including, but not limited to delays or uncertainties with regulatory approvals, including that of the CSE. There are uncertainties inherent in forward-looking information, including factors beyond the Company's control. There are no assurances that the commercialization plans for Prudent Minerals Corp. described in this news release will come into effect on the terms or time frame described herein. The Company undertakes no obligation to update forward-looking information if circumstances or management's estimates or opinions should change except as required by law. The reader is cautioned not to place undue reliance on forward-looking statements. Additional information identifying risks and uncertainties that could affect financial results is contained in the Company's filings with Canadian securities regulators, which filings are available at www.sedar.com